



## RUSSIAN SHORT COURSE CHAMPIONSHIPS: FOUR RECORDS SET AND EVEN MORE BERTHS EARNED ON CLOSING DAY

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SPORT



The fifth and final day of the Russian Short Course Swimming Championships turned out to be the busiest one of the entire national tournament. Fates of the last tickets for this December's Short Course Europeans were decided in 14 finals.

The morning sessions featured eight heats. Daniil Pakhomov of St. Petersburg set a national junior record in the 200m butterfly event. In yesterday's semifinal, he beat a two-year-long national junior record in the 100m individual medley. The final saw the swimmer break his own record that he had set in the morning. Two other national junior records were set by Arina Openysheva in the 200m freestyle and Roman Larin in the 200m backstroke. Arina achieved a junior record in the 400m freestyle event earlier on the third competition day of the national tournament. Another hero of the day, Svetlana Chimrova, broke a national record in the 100m butterfly. 18 swimmers in total met the qualifying time standard.

### Results

#### Russian Short Course Swimming Championships

##### Women's 4x50m freestyle

1. St. Petersburg - 1:38.96
2. Moscow - 1:41.09
3. Republic of Tatarstan - 1:42.75

November 12. Kazan. Aquatics Palace

##### Men's 100m freestyle

1. Sergey Fesikov (Yamalo-Nenets Autonomous Okrug - Penza Oblast) - 47.43 (Q)
2. Alexander Klyukin (Novosibirsk Oblast) - 47.51 (Q)
3. Evgeny Lagunov (St. Petersburg - Arkhangelsk Oblast) - 47.69

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##### Women's 50m backstroke

1. Daria Ustinova (Sverdlovsk Oblast) - 27.20 (Q)
2. Polina Egorova (Republic of Bashkortostan) - 27.22 (Q)
3. Anastasia Fesikova (Penza Oblast - Yamalo-Nenets Autonomous Okrug) - 27.30

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##### Men's 200m backstroke

1. Andrey Shabasov - (St. Petersburg) - 1:52.29 (Q)
2. Roman Larin (Penza Oblast) - 1:53.06 (Q) (NJR)
3. Dmitry Gorbunov (Moscow) - 1:53.34

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*"Yes, I'm happy with my result although it could have been better but it's still good. My personal best was 2:18.9; I fell just a tiny bit short of beating a national record. Of course, we will be preparing for the European championships. I hope that I will be able to show a better performance and be on the top of my game. Although, I haven't been gearing up that hard for the nationals but I'm still happy with the time I have shown. I think that I did quite well during the race despite the fact that all my opponents were quite strong and capable,"* Maria Astashkina said after winning gold in the 200m breaststroke.

Women's 200m breaststroke

1. Maria Astashkina (Penza Oblast) - 2:20.18 (Q)
2. Sofia Andreeva (St. Petersburg) - 2:22.45 (Q)
3. Maria Temnikova (St. Petersburg) - 2:22.53

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Men's 100m individual medley

1. Sergey Fesikov (Yamalo-Nenets Autonomous Okrug - Penza Oblast) - 52.23 (Q)
2. Nikita Korolev (Republic of Tatarstan) - 53.34 (Q)
3. Vyacheslav Prudnikov (St. Petersburg) - 53.66

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*"My coach told me: 'You are ready for 56.8. Go and nail it!' So I went and nailed it. I was ready for it both mentally and physically. I haven't been preparing for the 200m event but we've been gearing up for the 100 metres. I will be training before the Salnikov Cup, after that I will go to a training camp in Tenerife. We haven't discussed what we are going to do after that but my coach said to me that we will not go to the Europeans. The main thing is that I make progress and improve my results,"* commented Svetlana Chimrova who placed first in the 100m butterfly race.

Women's 100m butterfly

1. Svetlana Chimrova (Moscow) - 56.87 (Q) (NR)
2. Ekaterina Shalanikova (St. Petersburg) - 58.16
3. Alina Kashinskaya (St. Petersburg) - 58.24

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*"I'm happy with my performance: everything turned out just the way I had expected. Now we will start preparing for the European championships and fight for medals. All in all, I'm pleased with all my three races as I've shown quite good results and made very few mistakes. I've trained a lot. But other swimmers also did their best: it's just some of them were a little bit luckier than the rest. The competition is really quite tough and every year it is getting even tougher,"* said Oleg Kostin who grabbed gold in the 50m breaststroke.

Men's 50m breaststroke

1. Oleg Kostin (Nizhny Novgorod Oblast) 26.36 (Q)
2. Andrey Nikolaev (Kaluga Oblast) 26.53 (Q)
3. Kirill Prigoda (St. Petersburg) - 26.70

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Women's 50m freestyle

1. Natalia Lovtsova - (Novosibirsk Oblast) - 24.30 (Q)
2. Rozalia Nasretdinova (Moscow) - 24.32 (Q)
3. Daria Kartashova (St. Petersburg) - 24.69

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Men's 200m butterfly

1. Nikolay Skvortsov (Kaluga Oblast) - 1:52.38 (Q)
2. Daniil Pakhomov (St. Petersburg) - 1:53.10 (Q) (NJR)
3. Alexander Kudashev (Samara Oblast) - 1:53.89

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Men's 1,500m freestyle

1. Alexander Prokofiev (Moscow) - 15:19.21
2. Denis Galtsov (Samara Oblast) - 15:35.72
3. Dmitry Pastukhov (Penza Oblast) - 16:16.85

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Women 200m freestyle

1. Veronika Popova (St. Petersburg) - 1:52.86 (Q)
2. Viktoria Andreeva (Penza Oblast) - 1:54.42 (Q)
3. Daria Mullakaeva (Perm Krai) - 1:55.51
- ...5. Arina Openysheva (Krasnoyarsk Krai) - 1:56.12 (NJR)

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Men's 4 x 100m medley relay

1. Volgograd Oblast - 3:26.76
2. St. Petersburg - 3:26.83
3. Moscow - 3:30.90

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Women's 4 x 100m medley relay

1. Sverdlovsk Oblast - 3:57.75
2. St. Petersburg 3:57.76
3. Moscow - 3:58.07

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All results of Day 5 of the Russian Short Course Swimming Championships are available [here](#) (in Russian).

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